

# Gerry Fisher

3600 Clipper Mill Road ♦ Suite 219 ♦ Baltimore, MD 21211 ♦ (410) 949-7888 ♦ GerryCoach@comcast.net

***Dynamic Life & Career Coach specializing in career success, career transition, personal achievement, stress reduction, and positive psychology***

---

## **Skills**

**Expert level:** Professional networking, resume writing, interview coaching, Cognitive-Behavioral tools (CBT) for emotion management, mindfulness to improve focus and reduce stress, relationship and dating coaching, anxiety reduction, Dialectical Behavioral Treatment (DBT), and working through gender-and sexual-orientation issues as an openly-gay counselor. **High skill level:** Substance-abuse treatment, hypnotherapy, time-effective techniques, mind-body techniques, conflict resolution, and negotiation.

---

## **Experience**

### July 2002—Present

Life & Career Coach

Developed a unique practice designed to get people unstuck emotionally, boosting goal attainment, career advancement, emotion-management skills, and life satisfaction.

### October 1997—April 2002

Outpatient Clinical Social Worker

Provided community-based counseling to a broad variety of clients; was the resident behaviorist, often referred clients with persistent panic attacks and anger-management problems; led DBT implementation efforts, including case consultation and clinician instruction; taught mindfulness skills; implemented a skills and wellness group for chronic clients, including a weight-loss program addressing medication side effects.

### May 1996—May 1997

Outpatient Social-Work Intern

Attended weekly group supervision with Margot Fanger, learned and applied time-effective treatment techniques, obtained supervision on applying systematic desensitization, provided counseling for approximately 25 couples.

### September 1995—May 1996

Outpatient Social-Work Intern

Conducted court-mandated, substance-abuse counseling; applied the Prochaska-DiClemente change methodology; and applied motivational interviewing techniques.

### June 1984—October 2008

Technical writer

Managed 20 writers and a \$4-5 million budget for 2 years, developed and delivered diversity training, and transferred to different companies through corporate mergers.

### Private Practice

Baltimore, MD (12/09—Present)

### The Edinburg Center

Lexington, MA

### Harvard Vanguard Associates

Burlington, MA

### Adult/Adolescent Counseling, Inc.

Malden, MA

### Digital (DEC), SiteScape, Novell,

---

## **Education**

Clinical Training, Mind/Body Medicine  
1 week, 2007

Harvard Medical Continuing Education  
Boston, MA

Master of Social Work

Boston University School of Social Work  
Boston, MA

Bachelor of Arts

Boston University

English Literature and Computer Science

Boston, MA